

Praying the gospel: Psalm 103v5

- ¹ Praise the Lord, my soul;
all my inmost being, praise his holy name.
- ² Praise the Lord, my soul,
and forget not all his benefits—
- ³ who forgives all your sins
and heals all your diseases,
- ⁴ who redeems your life from the pit
and crowns you with love and compassion,
- ⁵ who satisfies your desires with good things
so that your youth is renewed like the eagle's.

V5 He satisfies your desires with good things so that your youth is renewed like the eagle's

We were created by God to know him and enjoy him forever. God designed us to find our deepest joy, lasting happiness, satisfaction in Him. But sin distorts our desires and so we think that the fleeting pleasures of this world will satisfy us.

We think when lockdown ends, then I'll be satisfied. If I had that relationship, when I get my job back, when things get back to 'normal', when the kids go back to school, then I'll be satisfied. But these things, even good things, cannot satisfy us. Not ultimately. Only God himself, the ultimate 'good' can truly satisfy us.

Perhaps this is something we need to learn through this coronavirus season. To see how we so often look to things other than God himself for our satisfaction in life.

Praise God that, when we come to Christ He weans us off the fleeting pleasures of this world which cannot satisfy our deepest longings, and weans us onto the all-satisfying joy to be found in Him. And he does this

so that your youth is renewed like the eagle's.

Many of us feel weary and drained in these times, we are zoomed out. We feel more like a scrawny sparrow with a broken wing than a powerful soaring eagle.

But God is unlimited in power. He does not grow weary. He is never drained of energy. He always has more to give. We need rest, physically, mentally. He does not.

So come to him and rely upon his strength today, and like Paul "do not lose heart. Though outwardly we are wasting away, yet inwardly we are being renewed day by day." (2 Cor 4v16)

Prayer: Father, thank you that through Christ's work in me you are weaning me off the fleeting pleasures of this world and onto you. Thank you that as I find my deepest joy in you, so you give me energy to serve you in this world until you bring me home to you.

